



RETTFORD

SWIMMING CLUB

FOUNDED 1896

AFFILIATED NOTTS A.S.A & SWIM ENGLAND MIDLAND REGION

26TH ANNUAL OPEN MEET

LICENSE LEVEL 3 - 3EM191501

SHORT COURSE MEET

HELD UNDER SWIM ENGLAND REGULATIONS & TECHNICAL RULES

SUNDAY 16TH JUNE 2019

PONDS FORGE INTERNATIONAL POOL, SHEFFIELD.

EVENTS:

9,10,11,12,13,14,15 YRS & OVER

50M BACK, BREAST, FLY & FREE

100M BACK, BREAST, FLY, FREE & IM

200M FREE & IM

AGE ON DAY.

Entries: - £5.75 per Event

Awards for first 6 places in all events

Entries on a first come basis, so please don't delay!

*Closing Date for Entries: **Sunday 12th May 2019***

Further Information / Entry Forms from:

MS ALISON ATKINSON

65 Southwell Road West, Mansfield, Nottinghamshire. NG18 4EJ

Telephone: 07857 461960 Email: openmeets@retfordswimmingclub.org.uk



RETFORD SWIMMING CLUB

26TH ANNUAL OPEN MEET

PROGRAMME OF EVENTS

(Under Swim England Regulations & Technical Rules)

SUNDAY 16th JUNE 2019

PONDS FORGE INTERNATIONAL POOL

ALL EVENTS ARE HEAT DECLARED WINNERS

ENTRY FEE: £5.75 PER INDIVIDUAL EVENT

AGE ON DAY – 16th June 2019

SESSION 1 – 9.00 am Start

WARM UP

Boys 8.25 - 8.40 am

Girls 8.40 - 8.55 am

EVENT

| | | |
|---------------------------|-------|---------------------------|
| 101 | Boys | 9 Years & Over 200m Free |
| 102 | Girls | 9 Years & Over 50m Breast |
| 103 | Boys | 9 Years & Over 50m Breast |
| 104 | Girls | 9 Years & Over 100m Free |
| 105 | Boys | 9 Years & Over 100m Free |
| 106 | Girls | 9 Years & Over 50m Fly |
| 15 minute comfort break | | |
| 107 | Boys | 9 Years & Over 50m Fly |
| 108 | Girls | 9 Years & Over 100m Back |
| 109 | Boys | 9 Years & Over 100m Back |
| 110 | Girls | 9 Years & Over 100m IM |
| 111 | Boys | 9 Years & Over 200m IM |
| FINISH - 12.45 pm approx. | | |

SESSION 2 TBC

WARM UP

Girls TBC

Boys TBC

EVENT

| | | |
|-------------------------|-------|----------------------------|
| 201 | Girls | 9 Years & Over 200m Free |
| 202 | Boys | 9 Years & Over 50m Back |
| 203 | Girls | 9 Years & Over 50m Back |
| 204 | Boys | 9 Years & Over 100m Breast |
| 205 | Girls | 9 Years & Over 100m Breast |
| 206 | Boys | 9 Years & Over 50m Free |
| 15 minute comfort break | | |
| 207 | Girls | 9 Years & Over 50m Free |
| 208 | Boys | 9 Years & Over 100m Fly |
| 209 | Girls | 9 Years & Over 100m Fly |
| 210 | Boys | 9 Years & Over 100m IM |
| 211 | Girls | 9 Years & Over 200m IM |
| FINISH – 5.45 pm approx | | |

SPEEDING TICKETS WILL BE ISSUED TO THOSE WHO EXCEED THE DESIGNATED FASTEST ENTRY TIME (DFET) BY 2 SECONDS OR MORE

FINAL ARRANGEMENTS WILL BE NOTIFIED WHEN ENTRIES ARE CONFIRMED VIA THE CLUBS WEBSITE.

Open Meet Promoter / Co-Ordinator

MS ALISON ATKINSON

65 Southwell Road West, Mansfield, Nottinghamshire. NG18 4EJ

07857 461960

openmeets@retfordswimmingclub.org.uk



RETFORD SWIMMING CLUB

Established 1896,
Affiliated Notts A.S.A., Swim England Midlands Region

Swim21
Accredited

26th ANNUAL OPEN MEET

SUNDAY 16th JUNE 2019

| BOYS | | | | | | | GIRLS | | | | | | | |
|--------|--------|--------|---------|--------|--------|-----------|------------------|--------|--------|--------|--------|--------|--------|-----------|
| 9 | 10 | 11 | 12 | 13 | 14 | 15 / Over | | 9 | 10 | 11 | 12 | 13 | 14 | 15 / Over |
| 37.0 | 34.0 | 33.0 | 30.0 | 28.0 | 28.0 | 26.0 | 50 Freestyle | 37.0 | 34.0 | 33.0 | 30.0 | 29.0 | 29.0 | 28.0 |
| 58.0 | 55.0 | 50.0 | 45.0 | 38.0 | 35.0 | 34.0 | | 58.0 | 55.0 | 50.0 | 45.0 | 40.0 | 35.0 | 34.0 |
| 1.14.0 | 1.10.0 | 1.06.0 | 1.04.0 | 1.00.0 | 57.0 | 55.00 | 100 Freestyle | 1.14.0 | 1.10.0 | 1.06.0 | 1.04.0 | 1.03.0 | 1.00.0 | 58.0 |
| 1.45.0 | 1.43.0 | 1.40.0 | 1.35.0 | 1.30.0 | 1.20.0 | 1.10.0 | | 1.45.0 | 1.43.0 | 1.40.0 | 1.35.0 | 1.30.0 | 1.25.0 | 1.20.0 |
| 2.43.0 | 2.40.0 | 2.32.0 | 2.23.0 | 2.18.0 | 2.10.0 | 2.08.00 | 200 Freestyle | 2.40.0 | 2.35.0 | 2.30.0 | 2.23.0 | 2.18.0 | 2.10.0 | 2.08.0 |
| 3.28.0 | 3.20.0 | 3.20.0 | 3.10.0 | 3.00.0 | 2.45.0 | 2.35.0 | | 3.28.0 | 3.20.0 | 3.15.0 | 3.10.0 | 3.00.0 | 2.45.0 | 2.35.0 |
| 45.0 | 42.0 | 40.0 | 38.0 | 36.0 | 33.0 | 31.0 | 50 Breaststroke | 45.0 | 42.0 | 40.0 | 38.0 | 36.0 | 33.0 | 31.0 |
| 1.20.0 | 1.20.0 | 1.10.0 | 1.00.0 | 55.0 | 45.0 | 40.0 | | 1.20.0 | 1.20.0 | 1.10.0 | 1.00.0 | 55.0 | 50.0 | 48.0 |
| 1.35.0 | 1.34.0 | 1.30.0 | 1.25.0 | 1.20.0 | 1.16.0 | 1.13.0 | 100 Breaststroke | 1.35.0 | 1.34.0 | 1.30.0 | 1.25.0 | 1.20.0 | 1.18.0 | 1.15.0 |
| 2.20.0 | 2.18.0 | 2.10.0 | 2.05.0 | 2.00.0 | 1.50.0 | 1.30.0 | | 2.20.0 | 2.18.0 | 2.10.0 | 2.05.0 | 2.00.0 | 1.55.0 | 1.45.0 |
| 40.0 | 35.0 | 34.0 | 33.0 | 32.0 | 30.0 | 28.0 | 50 Butterfly | 40.0 | 35.0 | 34.0 | 33.0 | 32.0 | 30.0 | 29.0 |
| 1.20.0 | 1.15.0 | 1.10.0 | 1.00.00 | 50.0 | 40.0 | 38.0 | | 1.20.0 | 1.15.0 | 1.10.0 | 1.00.0 | 50.0 | 40.0 | 38.0 |
| 1.24.0 | 1.22.0 | 1.20.0 | 1.15.0 | 1.10.0 | 1.06.0 | 1.04.0 | 100 Butterfly | 1.24.0 | 1.22.0 | 1.20.0 | 1.15.0 | 1.12.0 | 1.11.0 | 1.10.0 |
| 2.00.0 | 1.58.0 | 1.55.0 | 1.45.0 | 1.40.0 | 1.30.0 | 1.20.0 | | 2.00.0 | 1.58.0 | 1.55.0 | 1.45.0 | 1.45.0 | 1.35.0 | 1.25.0 |
| 43.0 | 40.0 | 38.0 | 37.0 | 34.0 | 33.0 | 31.0 | 50 Backstroke | 43.0 | 38.0 | 36.0 | 34.0 | 32.0 | 33.0 | 31.0 |
| 1.00.0 | 55.0 | 55.0 | 50.0 | 45.0 | 43.0 | 40.0 | | 1.00.0 | 55.0 | 55.0 | 50.0 | 47.0 | 43.0 | 40.0 |
| 1.24.0 | 1.22.0 | 1.21.0 | 1.15.0 | 1.10.0 | 1.07.0 | 1.05.0 | 100 Backstroke | 1.24.0 | 1.20.0 | 1.16.0 | 1.14.0 | 1.10.0 | 1.09.0 | 1.08.0 |
| 2.00.0 | 1.58.0 | 1.55.0 | 1.50.0 | 1.45.0 | 1.40.0 | 1.30.0 | | 2.00.0 | 1.58.0 | 1.55.0 | 1.50.0 | 1.45.0 | 1.40.0 | 1.35.0 |
| 1.34.0 | 1.25.0 | 1.21.0 | 1.15.0 | 1.10.0 | 1.08.0 | 1.05.0 | 100 I.M. | 1.34.0 | 1.26.0 | 1.21.0 | 1.15.0 | 1.10.0 | 1.08.0 | 1.05.0 |
| 2.00.0 | 1.55.0 | 1.55.0 | 1.50.0 | 1.45.0 | 1.40.0 | 1.30.0 | | 2.00.0 | 1.55.0 | 1.55.0 | 1.50.0 | 1.45.0 | 1.40.0 | 1.30.0 |
| 3.05.0 | 3.05.0 | 2.53.0 | 2.43.0 | 2.35.0 | 2.27.0 | 2.24.0 | 200 I.M. | 3.05.0 | 3.05.0 | 2.44.0 | 2.40.0 | 2.35.0 | 2.30.0 | 2.29.0 |
| 4.00.0 | 3.58.0 | 3.55.0 | 3.30.0 | 3.25.0 | 3.00.0 | 2.45.0 | | 4.00.0 | 3.58.0 | 3.55.0 | 3.30.0 | 3.25.0 | 3.00.0 | 2.45.0 |

ALL ENTRIES SUBMITTED MUST HAVE ACHIEVED THE LOWER QUALIFYING TIME AND BE NO FASTER THAN THE UPPER QUALIFYING TIMES IN A 25m POOL

RETFORD OPEN MEET 16th JUNE 2019 - PONDS FORGE, SHEFFIELD. Short Course Open Meet.



RETFORD SWIMMING CLUB

25th ANNUAL OPEN MEET

PROGRAMME NOTES

VENUE: Ponds Forge International Pool, Sheffield
The Pool: 10 Lanes, 25 metres, Electronic Timing, Anti Wave Lane Ropes, and Swim shop.
No outdoor shoes may be worn on the poolside, but footwear must be worn in the spectators' galleries and outside the pool marshalling area.

MEET ORGANISATION

Meet Co-ordinator: Alison Atkinson.65 Southwell Road West, Mansfield, Nottinghamshire. NG18 4 EJ
Tel: 07857 461960 Email: openmeets@retfordswimmingclub.org.uk

The Meet is held under Swim England Regulations & Technical Rules. Level 3 License Number To follow
The Referee's decision is final.

Team Managers or Coaches are responsible for the behaviour and whereabouts of their Swimmers at all times.

The organisers do not accept liability for lost property.

All Entries and Swimmers Data will be held on computer; Entry to the Meet implies consent as required by the Data Protection Act 1998. Results and Swimmers Data will be submitted to the ASA & displayed on our Club Website.

Any point not dealt with by these notes will be at the discretion of the organisers.

Awards

All Events are Heat Declared Winners. Heats will be arranged and Spearheaded according to the Entry Times.

Awards will be awarded to the top six places in all individual Age Groups per Event.

Speeding Tickets will be awarded to all who exceed the Designated Fastest Entry Time (DFET) by 2 or more seconds.

Swimmers may collect their Awards from the Trophy Steward before the end of the meet. Awards will not be posted out after the event.

Top Club Award to be presented at the end of the last session and will be based on a point scoring system 6 points for 1st place, 5 for 2nd place, etc. Speeding Tickets and Disqualification: - 0 points (**Retford SC are excluded from this Award.**)

ENTRIES

Age on Day 17th June 2018

CLOSING DATE FOR ENTRIES, SUNDAY 12th May 2019

All Swimmers must be ASA Category 2 registered (or registration applied for in good time for the Meet)

The promoter reserves the right to limit the Entries in any Event. Entries will be accepted on a first come, first served basis.

Entries must have achieved the qualifying time. Entries exceeding the designated fastest times may be rejected

If a session is over subscribed, the promoter reserves the right to close entries early

Over the top/side by side starts may be used at the promoters discretion.

If a similar amount of entries are not received for each session, the start of the second session may be subject to change.

Any changes will be published on our clubs website and on our clubs FaceBook page.

No entries will be accepted after the closing date or during the meet unless due to the promoters error or omission, or under the discretion of the promotor to fill the meet.

Refunds for rejected entries will be returned via your club secretary. No refunds will be made for cancellation of accepted entries after the meet closes.

Please make all Cheques payable to 'RETFORD SWIMMING CLUB'

Separate Entry Forms are required for Boys & Girls

Email Entries are preferred and will be provisionally accepted, subject to receipt of Cheque for Fees.

The SportSystem Entry File is available from our clubs website www.retfordswimmingclub.org.uk

Confirm Entries by checking our Website shortly after the closing date, any errors please contact Mrs. Alison Atkinson ASAP

Withdrawals

Any swimmer wishing to withdraw from the morning session must do so by emailing

openmeets@retfordswimmingclub.org.uk no later than 6pm Saturday 15th June 2019. Withdrawals for the afternoon session must be done by Text **07857 461960** before 11 am on the 16th June 2018.

Coaches Passes

Coaches Passes - £10.00 each. Max 4 Coaches Passes per Club. Packs include a pass, warm up info and start lists for both sessions. All coaches must be fully CRB checked by their club.

For child protection, no person, unless displaying a valid pass, will not be allowed on poolside, at any time.

Coach Passes must be pre-ordered. For reasons of child Protection packs will **NOT** be sold on the day.

Results

Results will be posted on the wall outside the changing rooms and in the upstairs viewing area as soon as is practicably possible after each event

Results will be available after each event and to download after the meet via our club website

ON THE DAY

Swimmers must report to the Competitors' Stewards Two Events before their own Event, except for Event 1 & 2 when it will be immediately after 1st warm up.

All heats will be spearheaded.

Spectators

Spectator Admission - £7.00 all day,

Children under 14 £4.50 all day Under 5s free.

There will be **NO PROGRAMS AT THIS MEET**. Start lists will be available to view via the link on our clubs website on the day.



RET FORD SWIMMING CLUB

25th ANNUAL OPEN MEET

Dear Fellow Swimming Club Member

As with all Swimming Meets & Galas our Open Meet would not run as smoothly, without the full help & support which is given each year by other Club's & their Officials. With this in mind I would once again like to ask for your help in ensuring that we have enough Officials to run this year's Meet. If there are any Qualified Officials in your Club who intend coming to our Open Meet and are willing to offer their services to help us poolside on the day we would be very grateful for their assistance.

We would ask clubs to supply 1 Licensed Official for every 10 swimmers, we appreciate that for some clubs this is not possible.

It would help us greatly if anyone offering their services could complete the slip below and return it with their Club Entries as soon as possible.

Looking forward to seeing you on the day,

Marjolein Templeton

Name _____ Tel No. _____

Email: _____

Club _____

I can offer my services at your Meet as: **Referee** **Judge** **Timekeeper**

Please tick as appropriate

On behalf of 'Retford Swimming Club' I would personally like to thank you in advance for any assistance you may be able to offer.

**Please return to: Mrs Marjolein Templeton 6 Stocks Fold, East Markham,
Newark, Notts. NG22 0RX
Telephone; 01777 872617 email: marjolein2@btinternet.com |**



RETFORD SWIMMING CLUB

Established 1896,
Affiliated Notts A.S.A & Swim England Midland Region

26th ANNUAL OPEN MEET

SUNDAY 16th JUNE 2019

ENTRY FORM – **BOYS / GIRLS**

PLEASE USE ONE SHEET FOR EACH SEX

PLEASE PRINT CLEARLY

| Surname | Forename | D.o.B. | ASA Reg No | Back 50m | Breast 50m | Fly 50m | Free 50m | Back 100m | Breast 100m | Fly 100m | Free 100m | Free 200m | IM 4 x 25m | IM 4 x 50m |
|---------|----------|--------|------------|----------|------------|---------|----------|-----------|-------------|----------|-----------|-----------|------------|------------|
| | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | |

Club Name _____

No of Events Entered £5.75

Contact Name _____

Coaches pack £10.00 £ _____

Contact Address _____

TOTAL AMOUNT ENCLOSED _____

Post Code _____ Tel No: _____

Please make Cheques payable to 'RETFORD SWIMMING CLUB'

CLOSING DATE FOR ENTRIES 12th May 2019

E mail address _____

SportSystem Entry File is available on our clubs website
www.retfordswimmingclub.org.uk

Email Entries preferred & accepted provisionally, subject to receipt of payment for total fees

Please return completed Form to: Ms Alison Atkinson. 65 Southwell Road West, Mansfield, Nottinghamshire. NG18 4EJ
Telephone; 07857 46196 emails: openmeets@retfordswimmingclub.org.uk
Confirmed entries will posted on our Clubs website.

Errors to be reported as soon as possible to Alison by emailing: openmeets@retfordswimmingclub.org



RETTFORD

SWIMMING CLUB

FOUNDED 1896

AFFILIATED NOTTS A.S.A & SWIM ENGLAND MIDLAND REGION

PETER JERVIS FOUNDATION OPEN MEET

10TH ANNUAL ONE DAY LEVEL 3 LICENSED MEET

Licence Number: To Follow

Short Course Meet

Held Under Swim England Regulations & Technical Rules

SUNDAY 20TH OCTOBER 2019

Retford Leisure Centre – 25m 6 Lane Pool

Boys: 9 yrs & Over
All Events

Girls: 9 yrs & Over
All Events

Awards for 1st, 2nd & 3rd
In all Events within Age Groups; 9yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15yrs
& 16yrs/over

ENTRIES £5.75 per Event

Closing Date for Entries: Sunday 30th September 2019

Due to large amount of interest Entries are First come First served so please get your Entries in as soon as possible.

Further Information & Entry Details Please Contact:

Ms. Alison Atkinson

65 Southwell Road West, Mansfield, Nottinghamshire. NG18 4EJ
Tel: 07857 461960 Email: openmeets@retfordswimmingclub.org

Clubs using SportSystems Software Contact the Pomoter

www.retfordswimmingclub.org.uk