



Future Stars 9th Open Meet

Inspiring healthy lifestyles

<http://www.wiganbest.com/futurestars>

LEVEL 2 - LICENSE 2NW192346

DATE Friday 15th, Saturday 16th & Sunday 17th November 2019

VENUE Wigan Life Centre, College Avenue, Wigan, WN1 1NJ

FACILITIES 8 Lane (2 ½ m wide) 25m Pool using Colorado System 6 Electronic Timing. The spectator balcony holds 250 people with an additional comfort gallery overlooking the pool.

AGE As the last day of the competition, Sunday 17th November 2019.

THE MEET Events include 50m, 100m, 200m on all strokes, 100m, 200m, 400m individual medley, 400m, 800m(girls), 1500m(boys) freestyle. Entries will be seeded on a slowest to fastest basis and accepted on a maximum number per single age group i.e. 9yrs, 10yrs, 11yrs 12yrs, 13yrs, 14yrs, 15yrs & over, please see consideration times. Age groups apply to all events, except 100m, 800m & 1500m events where there is no 9 years. All events are heat declared winner. Please read the consideration times carefully and make sure your entry time is faster than the times. Anything slower will NOT be considered. Swimmers must be 9 years or over on the day. Entry times should be must be British rankings database and if 50m (long course) times are used these should be converted to 25m (short course) using the Equivalent Performance Tables or the Sportsystem Equivalent Times Converter electronic programme. Entry times will be checked by the promoters.

CLOSING DATE Friday 18th October 2019

CONTACT Les France, Rick Atkinson
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WITHDRAWALS

There will be a phone, text and email withdrawal system in place, prior to and during the event.

Coaches, team managers, and or parents may withdraw a swimmer from an event on the day of competition as long as it is prior to the start of the warm up of each session by completing the relevant withdrawal form.

Heat start sheet lists will be produced for coaches and team managers on the poolside before the start of each session.

AWARDS

Individual awards will be made to the first 3 in each individual age group as follows. Girls 9yrs-10yrs-11yrs-12yrs-13yrs – 14yrs and over. Boys 9yrs-10yrs-11yrs-12yrs - 13yrs-14yrs - 15 yrs and over.

No formal presentations will be made, except for top visiting club. Awards to be collected at the medals table, in the North Gallery.

COACHES

Coaches Pass £15 per pass for the whole weekend, and are required for all poolside staff. The pass will include entrance to the pool, programme, start sheets and lunch. All poolside staff must have full DBS clearance. Coaches pass must be purchased using the appropriate application form.

Clubs with 20 swimmers or more will receive 1 complimentary pass (Must still apply using the coach pass application form)

ENTRIES

Cost for entries sent via SportSystems electronic are £6.50 per event and £13.00 per long distance event (800m & 1500m). Entries sent on paper are £8.50 per event and £15.00 per long distance events.

We would encourage all clubs to enter to using SportSystems. All the information is available on the Wigan BEST. Site.
<http://www.wiganbest.com/futurestars>

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ADDRESS

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Conditions

1. The Competition will be held under Swim England Law & FINA technical rules.
2. One start rule will apply. Over the top starts may be used at the organiser's discretion.
3. The pool is 25m long, 8 lanes, each lane is 2 ½ m wide and the pool uses anti wave lane ropes and electronic timing.
4. All events will be Heat Declared Winners.
5. The Referees decision is final.
6. This meet will be run using SportSystems software.
7. Late or poolside entries will not be accepted.
8. Time entries to be based on 25m (short course) pool times. 50m (long course) times must be converted using British Swimming / Sport Systems conversion method.
9. The minimum age is 9, to comply with Swim England rule 411.5.3
10. Confirmation of entry will be posted on the website and emailed to the respective clubs along with any rejections and information on how to withdraw. No further information will be returned.
11. Entry for spectators is £10 per day, refund of £4.00 if you return your wristband before the start of the afternoon session. Friday's long distance events is £2.
12. Spectators programmes are available after entry.
13. In the case of events that are over subscribed, refunds will be issued for those events only.
14. Withdrawals must be made before the start of the warm up, of each session.
15. No outdoor shoes to be worn on the poolside.
16. Footwear must be worn outside the pool area.
17. The small pool will be available for continuous warm up and cool down, however, in the event of mis-use of this facility, Wigan Life Centre reserve the right to close it at any time, without warning.
18. Coaches, team managers and poolside assistances must display their passes at all times.
19. Starts sheets will be available to pass holders only and will not be on sale to swimmers or spectators.
20. The director reserves the right to limit entries.
21. The Meet Director / promoters will reserve the right to amend the programme / warm up/start times depending upon numbers of entries received, or for any other reason.
22. Entry Summery must be completed for both electronic and paper entries and returned with one cheque to cover all entries.
23. Any point not covered by these rules will be at the discretion of the organisers.



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Friday 15th November 2019

SESSION 1

Warm Up 7:00pm
Start 7:15am

Event Order

101 - Girls 800m Freestyle
102 - Boys 1500m Freestyle

Saturday 16th November 2019

SESSION 2

Warm Up 8:00am
Start 8:15am

Event Order

201 - Boys 400m Freestyle
202 - Girls 400m IM

SESSION 3

Warm Up 9:30am
Start 10:15am

Event Order

301 - Girls 13/O 200m Butterfly
302 - Boys 13/O 200m Butterfly
303 - Girls 9-12 200m Backstroke
304 - Boys 9-12 200m Backstroke
305 - Girls 13/O 50m Breaststroke

306 - Boys 13/O 50m Breaststroke
307 - Girls 9-12 50m Freestyle
308 - Boys 9-12 50m Freestyle
309 - Girls 10/O 100m Breaststroke
310 - Boys 10/O 100m Breaststroke
311 - Girls 13/O 200m IM

SESSION 4

Warm Up TBC
Start 2:15pm

Event Order

401 - Boys 13/O 200m IM
402 - Girls 9-12 200m Butterfly
403 - Boys 9-12 200m Butterfly
404 - Girls 13/O 50m Butterfly
405 - Boys 13/O 50m Butterfly
406 - Girls 9-12 50m Butterfly

407 - Boys 9-12 50m Butterfly
408 - Girls 10/O 100m Backstroke
409 - Boys 10/O 100m Backstroke
410 - Girls 13/O 200m Freestyle
411 - Boys 13/O 200m Freestyle
412 - Girls 9/O 100m IM
413 - Boys 9/O 100m IM

Sunday 17th November 2019

SESSION 5

Warm Up 8:00am
Start 8:15am

Event Order

501 - Girls 400m Freestyle
502 - Boys 400m IM

SESSION 6

Warm Up 9:30am
Start 10:15am

Event Order

601 - Boys 9-12 200m Breaststroke
602 - Girls 9-12 200m Breaststroke
603 - Boys 13/O 50m Freestyle
604 - Girls 13/O 50m Freestyle
605 - Boys 9-12 50m Backstroke

606 - Girls 9-12 50m Backstroke
607 - Boys 13/O 200m Backstroke
608 - Girls 13/O 200m Backstroke
609 - Boys 10/O 100m Butterfly
610 - Girls 10/O 100m Butterfly
611 - Boys 9-12 200m Freestyle

SESSION 7

Warm Up TBC
Start 2:15pm

Event Order

701 - Girls 9-12 200m Freestyle
702 - Boys 13/O 50m Backstroke
703 - Girls 13/O 50m Backstroke
704 - Boys 9-12 200m IM
705 - Girls 9-12 200m IM

706 - Boys 13/O 200m Breaststroke
707 - Girls 13/O 200m Breaststroke
708 - Boys 9-12 50m Breaststroke
709 - Girls 9-12 50m Breaststroke
710 - Boys 10/O 100m Freestyle
711 - Girls 10/O 100m Freestyle



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BOYS

Consideration & Qualifying Times

EVENT	9	10	11	12	13	14	15/O
50m Freestyle	42.1	39.3	37.2	35.1	33.1	31.3	29.9
100m Freestyle		1:23.0	1:20.6	1:15.7	1:11.1	1:07.3	1:04.6
200m Freestyle	3:22.8	3:06.0	2:54.8	2:44.7	2:35.0	2:26.6	2:20.8
400m Freestyle	7:20.6	6:31.8	6:06.0	5:46.0	5:26.8	5:10.4	4:57.5
1500m Freestyle		26:08.9	24:44.7	22:20.5	21:16.6	20:19.0	19:37.1
50m Breaststroke	55.1	51.3	48	45.1	41.9	39.6	37.7
100m Breaststroke		1:48.5	1:43.4	1:36.9	1:30.1	1:25.1	1:21.0
200m Breaststroke	4:17.8	3:59.0	3:42.4	3:29.2	3:15.3	3:03.9	2:55.8
50m Butterfly	47.4	43.8	41	38.8	36.4	34.3	32.5
100m Butterfly		1:34.5	1:30.4	1:24.6	1:19.1	1:14.4	1:10.7
200m Butterfly	4:08.3	3:37.3	3:18.2	3:06.6	2:54.7	2:44.7	2:35.5
50m Backstroke	48.6	45.1	42.5	40.3	37.6	35.8	33.9
100m Backstroke		1:33.0	1:30.5	1:25.2	1:19.7	1:15.0	1:11.5
200m Backstroke	3:43.8	3:26.7	3:13.3	3:02.6	2:51.1	2:41.4	2:34.3
100m Individual Medley	1:47.4	1:39.6	1:33.9	1:28.7	1:23.1	1:18.1	1:14.7
200m Individual Medley	3:49.7	3:32.2	3:17.6	3:06.8	2:55.8	2:45.3	2:38.2
400m Individual Medley	8:15.6	7:35.6	6:59.7	6:34.3	6:12.0	5:50.3	5:34.6

GIRLS

EVENT	9	10	11	12	13	14	15/O
50m Freestyle	42.6	39.9	37.7	35.7	34.3	33.3	32.5
100m Freestyle		1:27.6	1:21.3	1:16.6	1:13.5	1:11.3	1:09.9
200m Freestyle	3:24.5	3:06.8	2:55.4	2:44.9	2:38.0	2:33.5	2:30.2
400m Freestyle	7:25.4	6:35.7	6:04.9	5:43.7	5:29.8	5:20.8	5:13.8
800m Freestyle		13:17.4	12:19.6	11:39.0	11:10.8	10:56.0	10:45.5
50m Breaststroke	55.9	51.7	48.3	45.4	43.2	41.8	40.8
100m Breaststroke		1:52.5	1:43.5	1:37.3	1:32.3	1:28.7	1:27.1
200m Breaststroke	4:20.0	3:59.5	3:42.1	3:28.8	3:18.2	3:11.5	3:07.9
50m Butterfly	47.9	43.9	41.3	39.1	37.3	36.1	35.2
100m Butterfly		1:39.3	1:30.9	1:24.9	1:21.2	1:18.3	1:16.9
200m Butterfly	4:11.0	3:40.0	3:20.2	3:06.4	2:57.3	2:51.0	2:46.9
50m Backstroke	48.9	45.3	42.7	40.5	38.7	37.5	36.8
100m Backstroke		1:38.5	1:31.0	1:25.3	1:21.4	1:19.0	1:17.1
200m Backstroke	3:46.2	3:28.7	3:12.5	3:01.7	2:54.3	2:49.2	2:44.8
100m Individual Medley	1:48.8	1:38.5	1:34.2	1:29.1	1:24.9	1:22.6	1:20.9
200m Individual Medley	3:51.6	3:32.7	3:17.9	3:06.3	2:58.8	2:53.1	2:49.5
400m Individual Medley	8:12.3	7:35.3	6:57.3	6:32.0	6:14.4	6:03.1	5:55.8