

# NATIONAL DEVELOPMENT SQUAD TIMES

Swimmer's age as 31st December

BOYS							GIRLS						
12 YEAR	13 YEAR	14 YEAR	15 YEAR	16 YEAR	17+ YEAR		11 YEAR	12 YEAR	13 YEAR	14 YEAR	15 YEAR	16 YEAR	17+ YEAR
01:04.23	1:00.65	58.28	56.75	55.63	54.52	<b>100M FREE</b>	01:08.35	01:05.30	01:03.43	01:02.26	01:01.48	01:01.12	01:00.43
02:19.40	02:12.12	02:06.48	02:03.40	02:01.21	01:58.88	<b>200M FREE</b>	02:27.97	02:21.27	02:15.94	02:13.99	02:12.11	02:11.04	02:08.97
04:51.59	04:37.41	04:27.30	04:20.96	04:15.68	04:10.15	<b>400M FREE</b>	05:08.45	04:53.46	04:43.76	04:39.00	04:35.29	04:34.45	04:29.97
09:55.00	09:45.00	09:35.00	09:11.37	09:01.45	08:49.47	<b>800M FREE</b>	10:40.72	10:05.95	09:43.93	09:33.24	09:26.49	09:24.19	09:18.10
18:40.73	18:17.71	17:38.13	17:13.82	16:55.21	16:32.76	<b>1500M FREE</b>	19:50.58	18:50.58	18:40.58	18:20.58	18:07.64	18:03.25	17:51.54
01:12.53	01:08.46	01:05.14	01:03.14	01:01.95	01:00.37	<b>100M BACK</b>	01:17.39	01:12.85	01:10.60	01:09.29	01:08.03	01:07.75	01:06.56
02:34.66	02:26.80	02:20.34	02:15.69	02:13.67	02:10.57	<b>200M BACK</b>	02:44.21	02:35.84	02:31.63	02:27.76	02:25.41	02:24.12	02:22.12
01:22.04	01:16.83	01:13.77	01:11.36	01:09.77	01:08.14	<b>100M BREAST</b>	01:27.73	01:23.10	01:19.73	01:17.51	01:16.71	01:16.39	01:15.37
02:57.54	02:46.64	02:39.04	02:34.96	02:32.34	02:28.05	<b>200M BREAST</b>	03:09.76	02:58.40	02:51.06	02:47.00	02:45.74	02:44.68	02:43.06
01:11.94	01:07.67	01:04.77	01:02.25	01:01.43	59.66	<b>100M FLY</b>	01:17.08	01:13.25	01:10.35	01:08.54	01:07.94	01:07.62	01:06.45
02:38.41	02:30.03	02:23.14	02:17.64	02:15.02	02:10.82	<b>200M FLY</b>	02:51.76	02:41.13	02:34.22	02:29.61	02:27.21	02:27.19	02:24.84
02:38.38	02:30.01	02:23.25	02:18.87	02:16.46	02:13.67	<b>200 IM</b>	02:47.17	02:39.58	02:34.57	02:31.15	02:29.17	02:28.55	02:26.57
05:34.60	05:16.70	05:04.00	04:54.74	04:49.29	04:43.86	<b>400 IM</b>	05:57.00	05:36.18	05:24.19	05:18.11	05:12.31	05:11.99	05:06.57