

CITY OF LEEDS S.C.



IN ASSOCIATION WITH LCC



**2020
NATIONAL QUALIFIER
LEVEL 1
AT**

**AQUATICS CENTRE
JOHN CHARLES CENTRE FOR SPORT**

**FRI 17TH / SAT 18TH / SUN 19TH APRIL
2020**

City of Leeds S.C.

National Qualifier 2020

<u>DATES</u>	Friday 17 th , Saturday 18 th and Sunday 19 th April 2020
<u>VENUE</u>	Aquatic Centre John Charles Centre For Sport Middleton Grove Leeds LS11 5DJ
<u>FACILITIES</u>	10 lane 50m Pool, Anti-wave lane ropes and Electronic timing.
<u>MEET DIRECTOR</u> <u>POSTAL ENTRIES</u>	V Spencer Stanley House 68A High Street Morley LS27 0BY leedsentries@gmail.com
<u>SPORTSYSTEMS ENTRIES</u>	
<u>AGE GROUPS</u>	BOYS 12/UN, 13, 14, 15/OV Years GIRLS 12/UN, 13, 14, 15/OV Years
<u>EVENTS</u>	50m all strokes (Open finals) 100m/200m all strokes & 200 IM (Finals – 12/UN, 13, 14, 15/OV) 400m Freestyle & 400m IM (Open Finals) Boys & Girls 800m & 1500m Freestyle (12/OV HDW)
<u>AWARDS</u>	Medals for 1 st three in each age group for HDW Medals for 1 st three in each final only
<u>PURPOSE OF THE MEET</u>	To enable athletes to achieve qualifying times suitable for entry into National, Regional and County Championships
<u>FEES</u>	£7.50 per event (SportSystem entry files, Via email) £8.50 per event (individual postal entries and individual emailed entries, Cheques payable to “City of Leeds Swimming Club”) Coaches passes for the weekend are £20 (Includes a Programme, start sheets as well as Lunch and refreshments)

CLOSING DATE FRIDAY 21st FEBRUARY 2020



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Event Schedule

Session One

Friday 17th April 2020

Warm Up: 15:30 Start: 16:30

Girls 12/OV 1500m Freestyle (HDW)

Boys 12/OV 1500m Freestyle (HDW)

Morning Sessions

Session Two

Saturday 18th April 2020

Warm Up 8:00am Start 9:00am

Girls	12/OV	800m Freestyle (HDW)
Boys	OPEN	400m Freestyle
Girls	12/Un – 15/OV	200m Freestyle
Boys	OPEN	50m Breaststroke
Girls	12/Un – 15/OV	100m Breaststroke
Boys	12/Un – 15/OV	200m IM
Girls	12/Un – 15/OV	100m Butterfly
Boys	12/Un – 15/OV	100m Backstroke
Girls	OPEN	50m Backstroke
Boys	12/Un – 15/OV	200m Butterfly
Girls	OPEN	400m IM
Boys	12/Un – 15/OV	100m Freestyle
Girls	OPEN	50m Freestyle
Boys	12/Un – 15/OV	200m Breaststroke
Girls	12/Un – 15/OV	200m Backstroke
Boys	OPEN	50m Butterfly

Session Four

Sunday 19th April 2020

Warm Up 8:00am Start 9:00am

Boys	12/OV	800m Freestyle (HDW)
Girls	OPEN	400m Freestyle
Boys	12/Un – 15/OV	200m Freestyle
Girls	OPEN	50m Breaststroke
Boys	12/Un – 15/OV	100m Breaststroke
Girls	12/Un – 15/OV	200m IM
Boys	12/Un – 15/OV	100m Butterfly
Girls	12/Un – 15/OV	100m Backstroke
Boys	OPEN	50m Backstroke
Girls	12/Un – 15/OV	200m Butterfly
Boys	OPEN	400m IM
Girls	12/Un – 15/OV	100m Freestyle
Boys	OPEN	50m Freestyle
Girls	12/Un – 15/OV	200m Breaststroke
Boys	12/Un – 15/OV	200m Backstroke
Girls	OPEN	50m Butterfly

Afternoon Sessions

Session Three

Saturday 18th April 2020

Warm Up TBC Start TBC

Boys	OPEN	400m Freestyle
Girls	12/Un	200m Freestyle
Girls	13	200m Freestyle
Girls	14	200m Freestyle
Girls	15/OV	200m Freestyle
Boys	OPEN	50m Breaststroke

Session Five

Sunday 19th April 2020

Warm Up TBC Start TBC

Girls	OPEN	400m Freestyle
Boys	12/Un	200m Freestyle
Boys	13	200m Freestyle
Boys	14	200m Freestyle
Boys	15/OV	200m Freestyle
Girls	OPEN	50m Breaststroke



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Afternoon Sessions Continued

Session Three continued...

Saturday 18th April 2020

Girls	12/Un	100m Breaststroke
Girls	13	100m Breaststroke
Girls	14	100m Breaststroke
Girls	15/OV	100m Breaststroke
Boys	12/Un	200m IM
Boys	13	200m IM
Boys	14	200m IM
Boys	15/OV	200m IM
Girls	12/Un	100m Butterfly
Girls	13	100m Butterfly
Girls	14	100m Butterfly
Girls	15/OV	100m Butterfly
Boys	12/Un	100m Backstroke
Boys	13	100m Backstroke
Boys	14	100m Backstroke
Boys	15/OV	100m Backstroke
Girls	OPEN	50m Backstroke
Boys	12/Un	200m Butterfly
Boys	13	200m Butterfly
Boys	14	200m Butterfly
Boys	15/OV	20m Butterfly
Girls	OPEN	400m IM
Boys	12/Un	100m Freestyle
Boys	13	100m Freestyle
Boys	14	100m Freestyle
Boys	15/OV	100m Freestyle
Girls	OPEN	50m Freestyle
Boys	12/Un	200m Breaststroke
Boys	13	200m Breaststroke
Boys	14	200m Breaststroke
Boys	15/OV	200m Breaststroke
Girls	12/Un	200m Backstroke
Girls	13	200m Backstroke
Girls	14	200m Backstroke
Girls	15/OV	200m Backstroke
Boys	OPEN	50m Butterfly

Session Five continued...

Sunday 19th April 2020

Boys	12/Un	100m Breaststroke
Boys	13	100m Breaststroke
Boys	14	100m Breaststroke
Boys	15/OV	100m Breaststroke
Girls	12/Un	200m IM
Girls	13	200m IM
Girls	14	200m IM
Girls	15/OV	200m IM
Boys	12/Un	100m Butterfly
Boys	13	100m Butterfly
Boys	14	100m Butterfly
Boys	15/OV	100m Butterfly
Girls	12/Un	100m Backstroke
Girls	13	100m Backstroke
Girls	14	100m Backstroke
Girls	15/OV	100m Backstroke
Boys	OPEN	50m Backstroke
Girls	12/Un	200m Butterfly
Girls	13	200m Butterfly
Girls	14	200m Butterfly
Girls	15/OV	20m Butterfly
Boys	OPEN	400m IM
Girls	12/Un	100m Freestyle
Girls	13	100m Freestyle
Girls	14	100m Freestyle
Girls	15/OV	100m Freestyle
Boys	OPEN	50m Freestyle
Girls	12/Un	200m Breaststroke
Girls	13	200m Breaststroke
Girls	14	200m Breaststroke
Girls	15/OV	200m Breaststroke
Boys	12/Un	200m Backstroke
Boys	13	200m Backstroke
Boys	14	200m Backstroke
Boys	15/OV	200m Backstroke
Girls	OPEN	50m Butterfly



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Meet Conditions

1. This meet is held under ASA Laws and ASA Technical Rules.
2. All competitors must be registered with the ASA or their own national association as appropriate.
3. Age on the 31st December 2020.
4. This meet will be run using the linked Sportsystems software. Only times from the ASA British Rankings will be accepted. **Converted short course times can be used and the Sportsystem entry file will be produced to accept these times.** This file will be released onto the website on the **18th February 2020.**
5. The promoter reserves the right to limit entries to meet gala license timing restrictions. Where this rule is invoked, the swimmers with the fastest submitted times would take precedence. Events chosen for restrictions will be at the meet organisers' discretion.
6. Any Electronic or postal entries received after the closing date will not be accepted.
7. BACS Payments should be made using the appropriate club code. For this Meet it is **APR20(Your Club Code)**. Your club code is something we will use to identify your payment e.g Leeds = COLEEDS (APR20COLEEDS). Bank Details for BACS payments are Sort Code: 402733, Account No: 41552961
8. Withdrawals
 - Heats – Must notify the meet desk before the start of the warm up (8.00am).
 - Finals – Must notify the meet desk/timing suite no later than 30minutes after the conclusion of the relevant event.
Email: leedsentries@gmail.com
9. No poolside entries will be accepted.
10. Those events with a final will have cyclical heats.
11. All competitors must go through marshalling for both heats and finals. If a competitor does not report to marshalling in time the event will proceed without the competitor.
12. If cancellation of the event is necessary then the only claim will be the entry fees paid.
13. Refunds will not be given for withdrawn swimmers, for entry errors or omissions attributable to the individual or their club. Only to individuals who can prove they are not fit to compete through evidence of a doctors note may be given a refund.
14. The Referee's decision regarding the interpretation and judgement of any ASA rules or laws is final.
15. City of Leeds Swimming Club accepts no responsibility for loss or damage to competitors personal belongings, how so ever caused, unless such damage is caused by the negligence of the City of Leeds Swimming Club.
16. City of Leeds Swimming Club and the Meet Organisers are not responsible for individual swimmers on poolside. All swimmers on poolside should be accompanied by a person with a coaches pass and who has had a DBS check.
17. Any point not covered by these rules will be at the discretion of the Meet organisers.



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Consideration Times

Swimmers must have achieved the Qualifying standard times listed below.

LONG COURSE TIMES

Male				Events	Female			
12/U	13	14	15/OV		12/U	13	14	15/OV
00:37.10	00:33.90	00:31.90	00:29.10	50m Freestyle	00:36.60	00:34.70	00:32.60	00:31.60
01:19.20	01:13.80	01:08.10	01:01.60	100m Freestyle	01:18.90	01:14.40	01:09.80	01:07.00
02:52.40	02:40.00	02:28.40	02:16.00	200m Freestyle	02:49.30	02:42.40	02:30.20	02:24.20
06:14.40	05:42.80	05:13.60	04:50.00	400m Freestyle	05:55.40	05:43.30	05:14.40	05:06.00
11:47.00	11:17.00	10:30.50	10:12.00	800m Freestyle	11:47.00	11:17.00	10:30.50	10:12.00
22:00.00	21:30.00	21:00.00	20:30.00	1500m Freestyle	22:00.00	21:30.00	21:00.00	20:30.00
00:43.50	00:41.60	00:38.20	00:37.00	50m Backstroke	00:43.70	00:42.00	00:38.80	00:37.60
01:36.20	01:29.50	01:21.90	01:16.00	100m Backstroke	01:33.50	01:30.20	01:22.40	01:20.20
03:21.10	03:09.00	02:52.80	02:34.00	200m Backstroke	03:17.20	03:09.30	02:54.10	02:49.60
00:50.50	00:47.00	00:44.00	00:41.00	50m Breaststroke	00:48.90	00:46.40	00:44.80	00:43.70
01:49.00	01:40.90	01:36.40	01:30.00	100m Breaststroke	01:45.40	01:41.80	01:36.70	01:34.00
03:53.00	03:37.90	03:23.20	03:15.00	200m Breaststroke	03:44.60	03:36.50	03:26.80	03:20.30
00:41.50	00:38.50	00:35.20	00:32.70	50m Butterfly	00:40.50	00:38.50	00:36.10	00:35.00
01:33.50	01:26.50	01:20.70	01:12.00	100m Butterfly	01:30.50	01:26.90	01:20.50	01:17.80
03:32.00	03:13.00	02:59.50	02:37.00	200m Butterfly	03:29.60	03:15.60	03:01.20	02:56.00
03:13.10	02:59.60	02:46.00	02:40.50	200m Ind. Medley	03:08.60	03:01.60	02:48.10	02:43.20
07:07.30	06:42.60	06:04.80	05:31.00	400m Ind. Medley	06:45.40	06:02.00	05:57.00	05:48.70

