

# Millfield & Team Bath AS

## March L1 National Qualifier

### Warm up schedule

(Schedule may be subject to change)

NOTE: Warm up Marshalls will be poolside to ensure swimmers are spread evenly across the lanes

Please exit the pool as quickly as possible once your warm up session is complete

**Friday 11<sup>th</sup> March 2022**

Session 1	Start: 6.00pm Finish: 6.25pm	Start: 6.30pm Finish: 6.55pm
50m Pool	800m Swimmers	1500m Swimmers

Session 1 Racing starts at 7.00pm

**Saturday 12<sup>th</sup> March 2022**

Session 2 Racing starts at 9.00am

Session 2	Start: 7.55 am Finish: 8.15 am	Start: 8.16am Finish: 8.36am	Start: 8.37am Finish: 8.57am
50m Pool	10-14 yr olds	15-16 yr olds	17+ yr olds

Session 3 Racing starts at 1.05pm

Session 3	Start: 12.00p.m. Finish: 12.20p.m.	Start: 12.21pm. Finish: 12.41pm.	Start: 12.42p.m. Finish: 1.02p.m.
50m Pool	10-14 yr olds	15-16 yr olds	17+ yr olds

Session 4 Racing starts at 5.25pm

Session 4	Start: 4.20p.m. Finish: 4.40p.m.	Start: 4.41pm. Finish: 5.01pm.	Start: 5.02p.m. Finish: 5.22p.m.
50m Pool	10-14 yr olds	15-16 yr olds	17+ yr olds

## Warm up schedule (Cont.)

(Schedule may be subject to change)

NOTE: Warm up Marshalls will be poolside to ensure swimmers are spread evenly across the lanes

Please exit the pool as quickly as possible once your warm up session is complete

Sunday March 13<sup>th</sup> 2022

### Session 5 Racing starts at 9.00am

Session 5	Start: 7.55 am Finish: 8.15 am	Start: 8.16am Finish: 8.36am	Start: 8.37am Finish: 8.57am
50m Pool	10-14 yr olds	15-16 yr olds	17+ yr olds

### Session 6 Racing starts at 1.05pm

Session 6	Start: 12.00p.m. Finish: 12.20pm.	Start: 12.21pm. Finish: 12.41pm.	Start: 12.42p.m. Finish: 1.02p.m.
50m Pool	10-14 yr olds	15-16 yr olds	17+ yr olds

### Session 7 Racing starts at 5.15pm

Session 7	Start: 4.10p.m. Finish: 4.30pm.	Start: 4.31pm. Finish: 4.51pm.	Start: 4.52p.m. Finish: 5.12p.m.
50m Pool	10-14 yr olds	15-16 yr olds	17+ yr olds